

**To earn your Jubilee Year of Mercy Badge, do seven activities in all, spread out through the Corporal and Spiritual Works of Mercy. (i.e., do three corporal works, and four spiritual works or vice versa.)**

**The Corporal Works of mercy is as follows:**

**•To feed the hungry -**

\_\_\_\_\_ Collect food for your parish or community food pantry. Give out bags to neighbors or parish members with a list of what is needed and the date you'll be back to collect it.

\_\_\_\_\_ Arrange to make a meal for someone in your parish or neighborhood who is ill or celebrating a new baby

**•To give drink to the thirsty –**

\_\_\_\_\_ St. Mother Teresa of Calcutta has said that she heard her call when with Christ's words on the cross, "I thirst." What do you think this meant? How can we help quench Christ's thirst like Mother Teresa did? Make a list of 10 things and do at least one of them.

**•To clothe the naked -**

\_\_\_\_\_ Arrange a clothing drive for a local St. Vincent de Paul Society or other charity in your area. Ask everyone to bring their donations to Mass with them on a specific weekend.

\_\_\_\_\_ Hold a clothing swap with your parish, school or homeschool group. Perhaps clothes that your family doesn't need can be used by others.

**•To shelter the homeless-**

\_\_\_\_\_ Contact the local shelter and see what they may need by way of personal items, blankets or toiletries and organize a drive in your parish or neighborhood. Ask people to donate travel sized or hotel toiletries they have gotten on their travels.

**•To visit the sick-**

\_\_\_\_\_ If there is a rehabilitation hospital or elderly home nearby contact them about visiting them for entertainment or just companionship. Make cards or paper flowers that could given to the patients as a reminder that they are not forgotten.

\_\_\_\_\_ Begin the habit of praying an Our Father or similar prayer as you pass hospitals, ambulances and nursing homes. Realize how powerful these prayers - especially those done in secret - can be. Matthew 6:6, "...pray to your Father in secret. And your Father who sees in secret will repay you."

**•To ransom the captive**

\_\_\_\_\_ During the crusades, many Christians were kidnapped by Muslims and held for ransom. Many families could not pay the ransom, so an order of priests was formed to help raise money to ransom Christians. Find out about this order (the Mercedarians) and its relevance in today's threats against Christians in the Mideast. Write down ten strategies to support the persecuted Christians and do at least one of them.

**•To bury the dead**

\_\_\_\_\_ If your parish or diocese has a dedicated Catholic cemetery organize a pilgrimage to pray the rosary for the souls of the faithful departed.

\_\_\_\_\_ If your parish has a committee for helping with funerals contact them to see if there is something you can do. Take note of the deceased in your parish and include them in your family's prayers or rosary.

## The Spiritual Works of Mercy are:

### •To instruct the ignorant-

\_\_\_\_\_ Are you old enough to volunteer with your parish's religious education program or Vacation Bible School contact them and find out. Does your library need volunteers to help with their programs? If not, see if there is a family who could use a mother's helper and use that time to play games or read books with younger children.

### •To counsel the doubtful-

\_\_\_\_\_ Is there someone in your family or parish who could use a letter of encouragement and love? Send a spiritual bouquet along with some Scripture verse assuring them of God's everlasting love and mercy.

### •To admonish sinners-

\_\_\_\_\_ Begin a rosary campaign for the Pope's monthly intentions. Either on your own or with your family or group begin to support his role as shepherd of the Church.

These next two are works of personal formation and self-control. Talk to your parents about how you can display them in your family and school life especially with younger siblings:

### •To bear wrongs patiently-

\_\_\_\_\_ Speak kindly and softly to those who wrong you, seek to understand the mistakes and not see them as personal attacks.

### •To forgive willingly-

\_\_\_\_\_ Be ready with "I forgive you" when people offend or hurt you (even if they don't say they're sorry)

### •To comfort the afflicted-

\_\_\_\_\_ Reach out to children at school, homeschool groups or gatherings who are sad. Stand up for those who are being bullied. Remember that for evil to succeed, it only takes that the good do nothing.

\_\_\_\_\_ If there is a ministry for the sick, mentally ill or disabled in your parish, diocese or community reach out and see what support you can offer or collections you could undertake for them (eg. Special Olympics).

### •To pray for the living and the dead-

\_\_\_\_\_ Begin the habit of praying for the souls in purgatory as you pass cemeteries, after Mass and after meals. Our faith has a beautiful treasure of prayers for the dead, find one you like and memorize it as a part of your own treasury of prayers.

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Leader/Parent Signature

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Date Completed